From then on there are two lives woven in her story: her ordinary life and an inner life. The inner life had been brought to birth by G. I. Gurdjieff, and as she became more and more aware of his ideas, her inner life became more and more discovered. 

"Better that I tell you one thing," he said. "This will make you rich for life... ."

"There are two struggles—in inner-world struggle and outer-world struggle, but never can these two make contact, to make data for the third world. Not even God gives this possibility for contact between inner- and outer-world struggles; not even your heredity. Only one thing—you must make intentional contact between outer-world struggle and inner-world struggle; only then can you make data for the Third World of Man, sometimes called World of the Soul. Understand?"


"There are two worlds, two realities, which we inhabit, or may inhabit if we wish, the outward world of forms and the inward world, and that these are not separate worlds, but interpenetrating worlds. The inward world is largely closed to us, though this, hardly aware of its existence as we are, we may fail to realize, just as we fail to realize that this inward world can be opened to us if we seek the right means to that end. Man inhabits this inward world much as an embryo inhabits the womb, and that in the majority of cases this embryo never comes to birth. But it is also possible for the embryo to grow and to be born, to grow up and to become adult; And that if this were to happen, so that a person came to be a freeman of the inward world, able to live and work there as adult men live and work in the outward world, he would inherit the reality which is potentially his proper psychological place. Then much in the outward world, and in the life he leads in it, would be changed; Such a person would no longer be life's slave; freedom in the inward world would endow him with freedom in the outward world.

One must not allow oneself to become content with outward life alone, and so seek nothing more than the fulfillment of ambition, the securing of a livelihood and an approved position among one's fellow men. There is much more in life than living. This must be done to the full, but not as an end in itself, only as a beginning of the discovery, not beyond death, but within life, of "the next world", the inward reality.